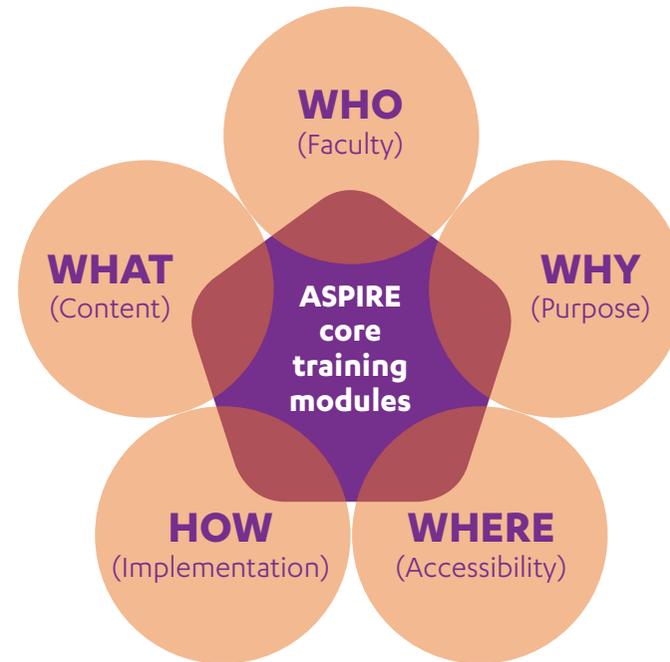




# All you need to know about the ASPIRE core training modules



## **WHAT (Content)**

The ASPIRE core training modules were developed with nurses in mind. Currently, three modules pertaining to RA are available: patient assessment; treatment and self-management education; and disease monitoring and follow-up care.

These modules have been reviewed and endorsed by the APLAR Education Committee. Depending on the critical areas of educational need, future training modules could cover other rheumatological diseases, including skills and competencies within rheumatology nursing.



<b>WHO (Faculty)</b>	<p>The core training modules were developed under the guidance of a working group of leading rheumatologists and rheumatology nurse specialists.</p> <p>The ASPIRE founding working group members include Professor Kazuhiko Yamamoto (Japan), Professor Lai-Shan Tam (Hong Kong), Ms Susan Oliver (UK), Ms Mie Fusama (Japan) and Ms Gladys Kwok (Hong Kong).</p>
<b>WHY (Purpose)</b>	<p>Increasingly, nurses are taking up expanded roles within the daily management and monitoring of patients with rheumatic diseases. As such, there is a need for a rheumatology nursing curriculum to assist nurses in acquiring a foundation of knowledge and skill set that extend beyond that of their initial education and training.</p>
<b>WHERE (Accessibility)</b>	<p>The ASPIRE core training modules are now available for <a href="#">download</a>.</p>
<b>HOW (Implementation)</b>	<p>There are resources and tools available to support the implementation of the training modules.</p> <p>The ASPIRE implementation toolkit outlines the process and guidance on the requirements for a face-to-face educational workshop. Additionally, it provides templates and resources to aid any individuals or groups who are interested in organizing workshops using the ASPIRE core training modules. The toolkit is now available for <a href="#">download</a>.</p> <p>Further to the toolkit, educational grants will be made available to support educational meetings using the ASPIRE core training modules. Please check this website in June/July for a further update.</p>

